

**The Panel Discussion on the occasion of
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Women's Significant Contributions in Water for Peace

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Introduction

- **Water Resources in Myanmar** ----- Myanmar's major rivers, including Irrawaddy, Chindwin, and Thanlwin, are vital for agriculture, economy, and ecosystem, but water pollution, infrastructure issues, and unequal distribution point challenges.
- **The Importance of Water for Peace** ----- Water is essential for conflict resolution and peacebuilding in Myanmar, where different ethnic groups exist. Equitable water resource management promotes trust, conversation, and mutual understanding, promoting stability and prosperity in the region.

Women's Role and Contributions

- Myanmar's women are transforming water management, peacebuilding, and peace negotiations by promoting clean water access and facilitating peace negotiations, despite their often unrecognized skills and involvement in decision-making processes.
- Myanmar is addressing women's challenges in water governance through gender-responsive policies, training, and capacity-building initiatives, highlighting their leadership in water management and peacebuilding, emphasizing the importance of women's voices.

Community Engagement

- Water management projects
- Water distribution
- Awareness campaigns

Conservation and Sustainability

- Rainwater harvesting
- Watershed management
- Sustainable agriculture

Policy Advocacy and Decision-Making

- Advocacy for gender equality in water management policies
- Participation in decision-making processes

Research and knowledge sharing

- Conducting studies on gender and water issues
- Sharing findings through publications and presentations

Efficient water management is crucial for daily activities and household condition, and this guide is designed for women to ensure this is done effectively.

- Fix Leaks
- Use Water-Efficient Appliances
- Practice Smart Dishwashing
- Limit Water Usage While Cooking
- Optimize Laundry Practices
- Install Water-Saving Devices
- Harvest Rainwater
- Practice Water-Saving Habits
- Monitor Water Usage
- Educate and Advocate

Family Management

- Meal planning
- Household budgeting
- Childcare
- Elderly care
- Household chores

Income generation

- Small-scale business
- Handicraft production
- Agriculture
- Livestock rearing
- Selling produce

Education and Health

- Children's education
- Family health
- Personal hygiene
- Preventive healthcare
- Mental well-being

Community Participation

- Participating in local community activities
- Volunteering for community projects
- Engaging in social gatherings and events

Conclusion

- The study emphasizes the significance of women's contributions to Myanmar's water management and peacebuilding, emphasizing the need for gender equality and inclusivity in achieving sustainable development goals, thereby fostering resilient water systems, peaceful existence, and a successful future.
- To enhance women's involvement in Myanmar's water governance, stakeholders should highlight gender mainstreaming in policies and programs, promoting women's representation in decision-making bodies, investing in gender-sensitive infrastructure, and development partnerships for women's empowerment and leadership development.

References

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Thank
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